# THE BUSINESS CYCLE'S IMPACT ON ASSET PERFORMANCE



Sean Duffin Senior Investment Director Capital Markets Research



**Kevin Rosenbaum** Global Head of Capital Markets Research



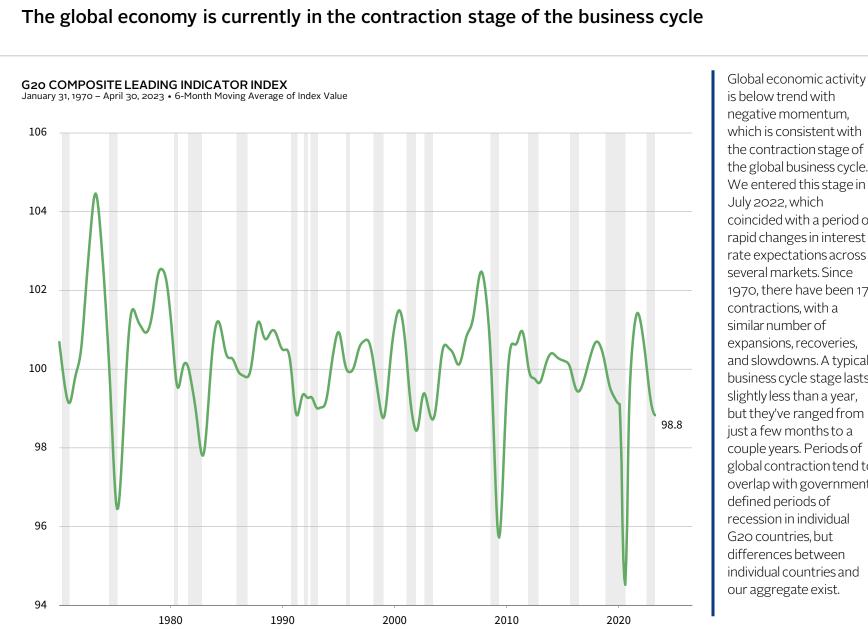
## **Key Points**

- The global economy experiences upswings and downswings, which are often referred to as the business cycle. A variety of factors drive these economic growth changes, including changes in interest rates, credit availability, and consumer and business confidence.
- Using a simple methodology, we identify four different stages of the global business cycle: recovery, expansion, slowdown, and contraction. We review the distributions of asset performances across these stages.
- Asset performance is highly sensitive to the global business cycle, with many assets experiencing meaningful shifts in performance distributions across business cycle stages. At a high level, equity performance is strongest in recoveries and government bond performance is strongest in contractions.
- Understanding the distributions of asset performance across business cycle stages and considering where the global economy is headed are key inputs in a rigorous investment decision-making framework.

#### A simple methodology for identifying business cycle stages

- As investors, we want data that are timely and broadly representative of the global economy. With that criteria, we leveraged the OECD's composite leading indictor for the Group of 20 (G20).
  - This monthly index is thoughtfully constructed to summarize a variety of data, such as manufacturing survey data, housing construction, and yield spreads.
  - It is the OECD's broadest composite leading indicator, reflecting roughly 80% of the world's GDP and including the key markets of Brazil, China, Germany, India, and the United States.
  - Index values above (below) 100 indicate economic activity is above (below) the long-term trend.
- To determine the business cycle position, we first calculate a six-month moving average to reduce index volatility and better highlight meaningful changes in activity.
- Using the smoothed index, we categorize global economic activity into four different stages using both the index value and its monthly change, as highlighted below.

Business Cycle Stage	Index Value Interpretation	Index Value Change Interpretation
Recovery	Below-Trend Growth	Positive Momentum
Expansion	Above-Trend Growth	Positive Momentum
Slowdown	Above-Trend Growth	Negative Momentum
Contraction	Below-Trend Growth	Negative Momentum

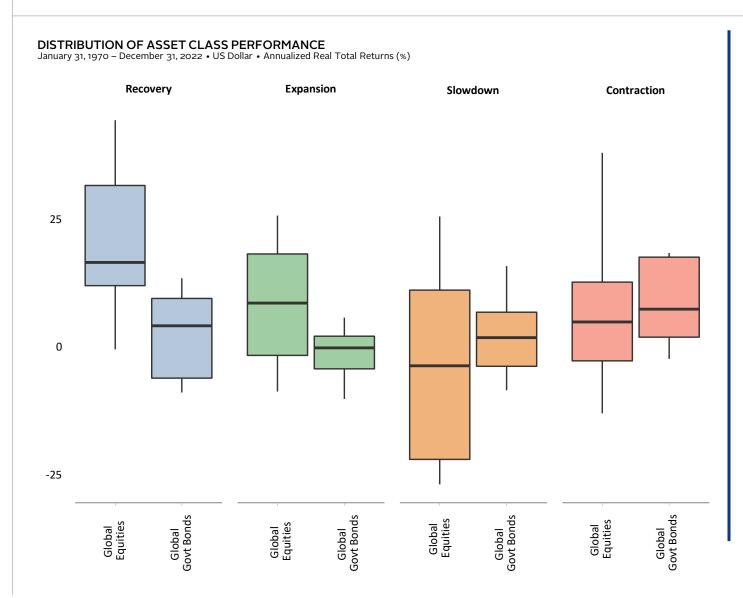


Source: OECD.

Notes: Gray bars represent economic contractions, that are determined as periods during which the rolling six-month leading economic indicator (LEI) index was below 100 and the monthly change in that value was less than 0%.

is below trend with negative momentum, which is consistent with the contraction stage of the global business cycle. We entered this stage in July 2022, which coincided with a period of rapid changes in interest rate expectations across several markets. Since 1970, there have been 17 contractions, with a similar number of expansions, recoveries, and slowdowns. A typical business cycle stage lasts slightly less than a year, but they've ranged from just a few months to a couple years. Periods of global contraction tend to overlap with governmentdefined periods of recession in individual G20 countries, but differences between individual countries and our aggregate exist.

#### Asset class performance varies across global business cycle stages

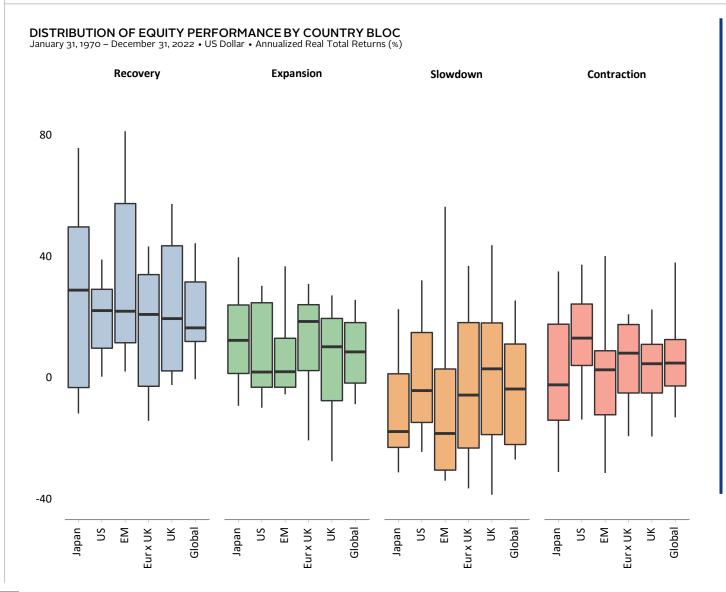


The box-and-whisker plots highlight that the distribution of both equity and government bond returns shift based on the stage of the global business cycle. Equities have tended to perform best in recoveries and government bonds have tended to perform best in contractions. This makes sense, given recoveries tend to coincide with increases in corporate sales growth and risk appetite, which benefits equities, and given contractions are characterized by falling interest rate expectations, which benefits government bonds. An interesting fact is that equity performance has typically been weaker in slowdownsthan contractions.

Sources: Bloomberg Index Services Limited and MSCI Inc. MSCI data provided "as is" without any express or implied warranties.

Notes: Performances are bucketed by the stage of the global business cycle and annualized. The top and bottom of the boxes represent 75th and 25th percentiles, respectively, while whiskers represent 90th and 10th percentiles. The middle line represents 50th percentile (median). Asset performance has been deflated by the OECD G7 inflation index.

#### Certain equity regions show more sensitivity to the business cycle



Within global equities, emerging markets and Japanese equities tend to be the most cyclically sensitive equity blocs, with the two lowest median slowdown and contraction performances across major equity blocs. These results for emerging markets and Japan are linked in part to a combination of currency, trade, and economic factors. US equities—the largest bloc in global equities and as a result the most diversified—had a less varied median performance across business cycle stages and less varied performances within each business cycle stage than most other major blocs.

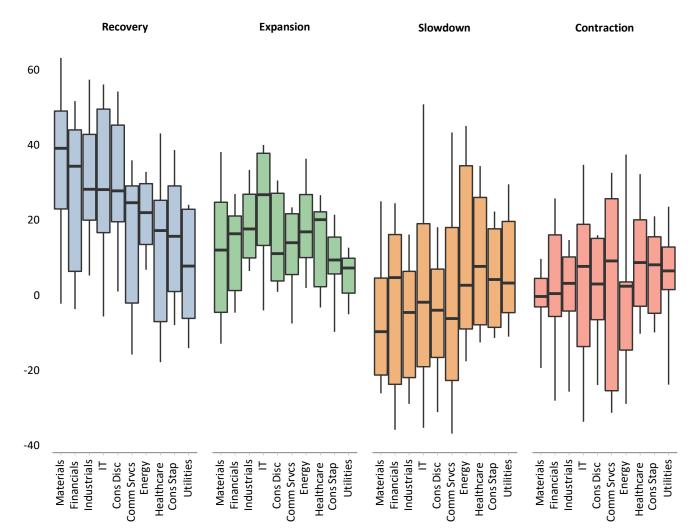
Source: MSCI Inc. MSCI data provided "as is" without any express or implied warranties.

Notes: Performances are bucketed by the stage of the global business cycle and annualized. The top and bottom of the boxes represent 75th and 25th percentiles, respectively, while whiskers represent 90th and 10th percentiles. The middle line represents 50th percentile (median). Asset performance has been deflated by the OECD G7 inflation index. EM data begin January 31, 1988. See page 10 for further index methodology.





January 31, 1995 – December 31, 2022 • US Dollar • Annualized Real Total Returns (%)

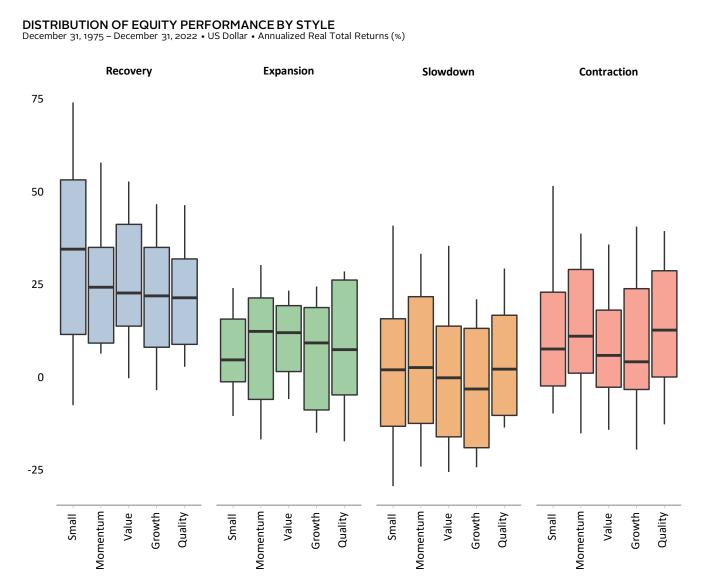


Global materials, financials, and industrials equities had median performances that varied across the global business cycle stages more so than other sectors. As a result, these sectors, along with the information technology and consumer discretionary sectors, are often thought of as cyclical sectors. This is in part because the profitability of companies in these sectors tends to be more sensitive to economic growth. More defensive sectors, such as healthcare, consumer staples, and utilities, have had the strongest median returns in both slowdownsand contractions.

Source: MSCI Inc. MSCI data provided "as is" without any express or implied warranties.

Notes: Performances are bucketed by the stage of the global business cycle and annualized. The top and bottom of the boxes represent 75th and 25th percentiles, respectively, while whiskers represent 90th and 10th percentiles. The middle line represents 50th percentile (median). Asset performance has been deflated by the OECD G7 inflation index.

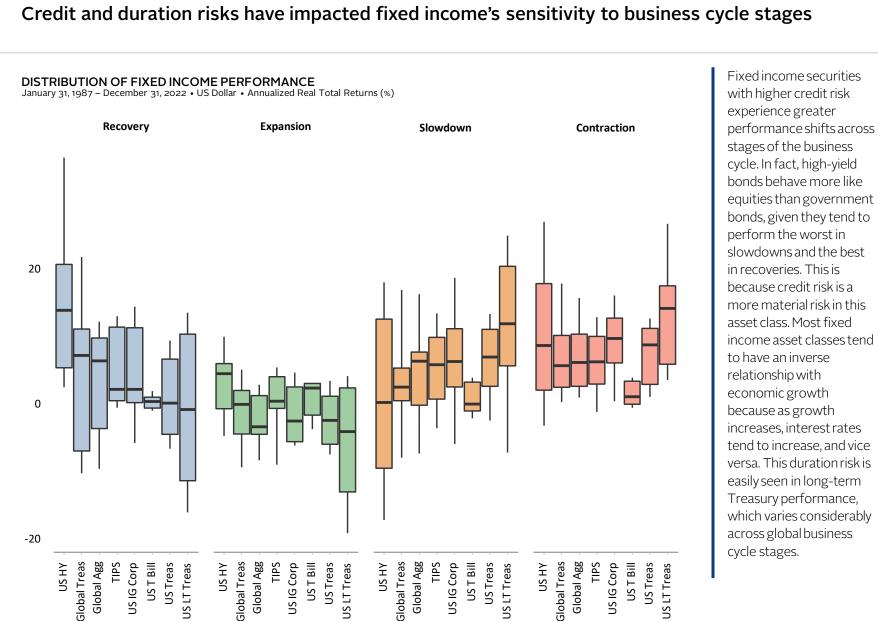
#### Small-cap equities have exhibited more sensitivity to the business cycle than other styles



Small-cap equities, which tend to have a high beta to broad equity markets, have performed best in the recovery stage among major global equity styles. But within each business cycle stage, particularly the recovery and slowdown stages, smallcap equities have exhibited more volatility than other styles. This may be because the asset class is smaller, and as a result. less diversified. In periods of slowdown or contractions, quality equities have had a higher median performance. This is likely because this style has a higher exposure to profitable, mature companies, which investors can perceive as safe during periods of economic weakness.

Source: MSCI Inc. MSCI data provided "as is" without any express or implied warranties.

Notes: Performances are bucketed by the stage of the global business cycle and annualized. The top and bottom of the boxes represent 75th and 25th percentiles, respectively, while whiskers represent 90th and 10th percentiles. The middle line represents 50th percentile (median). Asset performance has been deflated by the OECD G7 inflation index.



Sources: Bloomberg Index Services Limited, BofA Merrill Lynch, and Bridgewater Associates, LP.

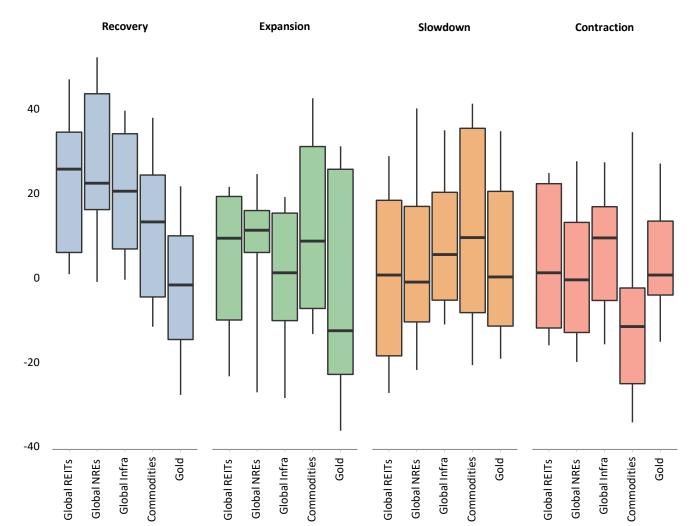
Notes: Performances are bucketed by the stage of the global business cycle and annualized. The top and bottom of the boxes represent 75th and 25th percentiles, respectively, while whiskers represent 90th and 10th percentiles. The middle line represents 50th percentile (median). Asset performance has been deflated by the OECD G7 inflation index.



#### REITs have tended to perform better than other real assets in recoveries

#### DISTRIBUTION OF REAL ASSET PERFORMANCE

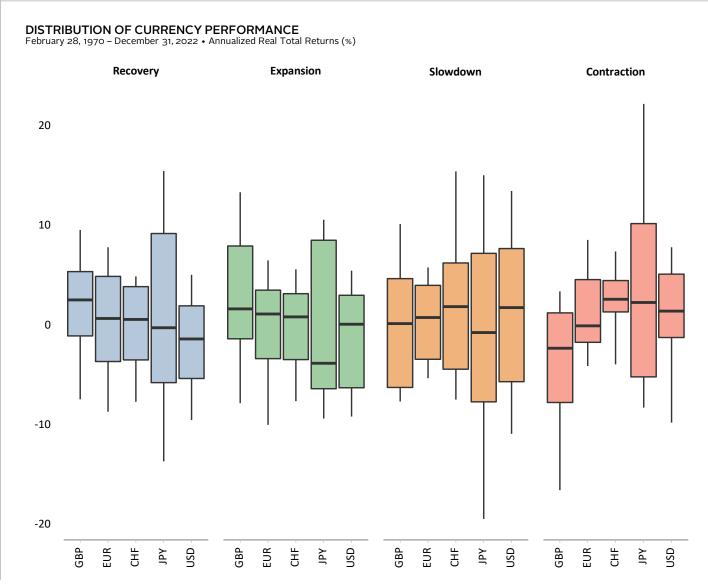
January 31, 1973 – December 31, 2022 • US Dollar • Annualized Real Total Returns (%)



REITs and natural resources equities (NREs) tend to be the most sensitive to the business cycle among major real asset classes. In the case of NREs, this is logical, given the significance of energy commodities to this asset class, and the fact that global aggregate demand is a key factor in determining the prices of those commodities. Gold has typically weathered downturns more defensively than commodity futures, with a median real return of around zero, but it has stumbled in expansion periods. Notably, infrastructure performed the best in contractions. with a median performance near 10%. This is connected to the fact that this asset class's revenues tend to be resilient, given the use of long-term contracts.

Sources: FTSE International Limited, MSCI Inc., Standard & Poor's, and Thomson Reuters Datastream. MSCI data provided "as is" without any express or implied warranties. Notes: Performances are bucketed by the stage of the global business cycle and annualized. The top and bottom of the boxes represent 75th and 25th percentiles, respectively, while whiskers represent 90th and 10th percentiles. The middle line represents 50th percentile (median). Asset performance has been deflated by the OECD G7 inflation index.

### Traditional safe-haven currencies have outperformed during contractions



The USD, JPY, and CHF all tend to perform best duringeconomic contractions, due in part to their backing from strong economies with relatively stable political environments. As a result, these currencies are thought to be countercyclical and beneficiaries in periods of weakness when investors are seeking quality. But among these three currencies, the JPY has had the largest distribution of returns across all stages of the business cycle, which is linked to its unique economic path. In contrast, the GBP and, to a lesser extent, EUR have tended to be more cyclical, which has led investors to consider them as "risk-on" currencies.

Sources: J.P. Morgan Securities, Inc. and Thomson Reuters Datastream.

Notes: Performances shown are annualized for each observed cycle. The top and bottom of the boxes represent 75th and 25th percentiles, respectively, while whiskers represent 90th and 10th percentiles. The middle line represents 50th percentile (median).

#### Methodology Notes

All returns are shown in USD and are deflated by the OECD G7 inflation index.

For equity index analysis at the sector and style level, we use the MSCI World Index, which represents developed markets. This index has a more robust history than the MSCI All Country World Index (ACWI), which also includes emerging markets. We believe using the MSCI World Index for historical patterns in style and sector performance is appropriate, given emerging markets' minimal weight in global indexes in prior decades.

**Equities**: Global Equities represent the MSCI World Index from 1970 to 1987 and the MSCI ACWI thereafter. Sector performance is based on the MSCI World sector subindexes, showing total returns (gross of dividends) since January 31, 1995. Style performance is based on the MSCI World sector subindexes, showing total returns (gross of dividends) since December 31, 1975. For the MSCI World Small Cap Index, history begins January 31, 2001. To extend that history with a proxy for small-cap performance, we have backfilled that performance history with total returns for the Datastream-calculated S&P 600 Index from December 1975 through December 2000. Regional equity performance is based on the MSCI World Index, the MSCI US Index, the MSCI Europe ex UK Index, the MSCI UK Index, the MSCI Japan Index, and the MSCI Emerging Markets Index, showing gross total returns since January 31, 1988.

**Bonds**: Global Government Bonds represent the ten-year US Treasury Index from 1970 to 1972, the Bloomberg US Treasury Bond Index from 1973 to 1986, and the Bloomberg Global Treasury Bond Index thereafter. All bond index data represent total returns and begins January 31, 1987. Global Agg represents a blend of the Bloomberg US Aggregate Bond Index from January 31, 1987, to December 31, 1989, and the Bloomberg Global Aggregate Bond Index thereafter. Global Treas represents the Bloomberg Global Treasury Bond Index. US Treas represents the Bloomberg US Treasury Bond Index. US T-Bill represents the BofA Merrill Lynch 91-Day T-Bill index. US LT Treas represents the Bloomberg US Corporate High Yield Index. TIPs represents a blend of the Bridgewater simulated TIPS index from January 31, 1987, through January 31, 1997, and the Bloomberg US TIPS Index thereafter.

**Real Assets**: All real asset data represent total returns and begin February 28, 1991. Commodity Futures represent the Bloomberg Commodity Index Total Return Index. Energy, Grains, and Industrial Metals all represent the respective Bloomberg Commodity Index subindex returns. Gold Bullion represents the London Bullion Market closing price. REITs represent the FTSE® EPRA/NAREIT Developed Real Estate Index. Infrastructure is blend of the Equal-weighted Datastream World Gas, Water & Multi-Utilities TR Index and the Datastream World Pipelines TR Index 1973–2009, and FTSE® Developed Core Infrastructure 50/50 TR Index thereafter. Natural Resources Equities is a blend of the market cap-weighted Datastream Developed Energy Index & Datastream Developed Basic Resources Index blend from 1973–98, and the MSCI World Natural Resources Index thereafter.

**Currency:** FX returns represent the JP Morgan Real Broad Effective Exchange Rate since 1970. The euro area exchange rate consists of a composite of original member states' currencies prior to the euro's formation in 1999.



Copyright © 2023 by Cambridge Associates LLC. All rights reserved.

This report may not be displayed, reproduced, distributed, transmitted, or used to create derivative works in any form, in whole or in portion, by any means, without written permission from Cambridge Associates LLC ("CA"). Copying of this publication is a violation of US and global copyright laws (e.g., 17 U.S.C. 101 et seq.). Violators of this copyright may be subject to liability for substantial monetary damages.

This report is provided for informational purposes only. The information does not represent investment advice or recommendations, nor does it constitute an offer to sell or a solicitation of an offer to buy any securities. Any references to specific investments are for illustrative purposes only. The information herein does not constitute a personal recommendation or take into account the particular investment objectives, financial situations, or needs of individual clients. Information in this report or on which the information is based may be based on publicly available data. CA considers such data reliable but does not represent it as accurate, complete, or independently verified, and it should not be relied on as such. Nothing contained in this report should be construed as the provision of tax, accounting, or legal advice. Past performance is not indicative of future performance. Broad-based securities indexes are unmanaged and are not subject to fees and expenses typically associated with managed accounts or investment funds. Investments cannot be made directly in an index. Any information or opinions provided in this report are as of the date of the report, and CA is under no obligation to update the information or communicate that any updates have been made. Information contained herein may have been provided by third parties, including investment firms providing information on returns and assets under management, and may not have been independently verified.

The terms "CA" or "Cambridge Associates" may refer to any one or more CA entity including: Cambridge Associates, LLC (a registered investment adviser with the US Securities and Exchange Commission, a Commodity Trading Adviser registered with the US Commodity Futures Trading Commission and National Futures Association, and a Massachusetts limited liability company with offices in Arlington, VA; Boston, MA; Dallas, TX; Menlo Park, CA, New York, NY; and San Francisco, CA), Cambridge Associates Limited (a registered limited company in England and Wales, No. 06135829, that is authorized and regulated by the UK Financial Conduct Authority in the conduct of Investment Business, reference number: 474331); Cambridge Associates GmbH (authorized and regulated by the Bundesanstalt für Finanzdienstleistungsaufsicht ('BaFin'), Identification Number: 155510), Cambridge Associates Limited, LLC (a registered investment adviser with the US Securities and Exchange Commission, an Exempt Market Dealer and Portfolio Manager in the Canadian provinces of Alberta, British Columbia, Manitoba, Newfoundland and Labrador, Nova Scotia, Ontario, Guébec, and Saskatchewan, and a Massachusetts limited liability company with a branch office in Sydney, Australia, ARBN 109 366 654), Cambridge Associates Investment Consultancy (Beijing) Ltd (a wholly owned subsidiary of Cambridge Associates, LLC which is registered with the Beijing Administration for Industry and Commerce, registration No. 110000450174972), and Cambridge Associates Asia Pte Ltd (a Singapore corporation, registration No. 200101063G, which holds a Capital Market Services License to conduct Fund Management for Accredited and/or Institutional Investors only by the Monetary Authority of Singapore).